

Boredom Isn't Even A Thing...

No more excuses kiddos - Do something awesome



1. Play a card game (invite a friend to play with you).
2. Build a ramp for your skateboard or bike.
3. Practice an instrument.
4. Do a random act of kindness.
5. Redecorate your room
6. Make an obstacle course.
7. Cook something delish, serve it with **FLARE!**
8. Practice new dance moves (with a mirror).
9. Open an encyclopedia.
10. Ask how you can be helpful.
11. Create a crossword puzzle or a word maze.
12. Paint your nails or paint your face.
13. Think.
14. Make a show.
15. Go for a nature walk and collect stuff.
16. Make a mandala out of stuff you've collected.
17. Build a Rube Goldberg machine.
18. Write a letter to someone you love.
19. Go to the recycle box and make something useful.
20. Dress up!
21. Visit someone who is older than your Mom or Dad.
22. Sew or knit something.
23. Make a music video
24. Call someone you know in another time zone.
25. Write a song or a poem.
26. Make hand shadows.
27. Learn a magic trick.
28. Open a family photo album.
29. Listen to music with a journal and a pencil in your hands.
30. Practice something you want to be better at.

